

# Super Size Me

What were McDonald's founder's words?

.....



Complete the facts:

Nearly ..... Americans are today either overweight or obese. That's more than ..... of all U.S. adults. Since ..... the total number of overweight and obese Americans has ....., with twice as many overweight children and ..... as many overweight adolescents.

The ..... state in America is Mississippi - where ..... in ..... people are obese.  
I grew up in West Virginia currently the ..... fattest state in America.

What happened in 2002?

**The unthinkable had suddenly become reality!** What was that?



Choose the correct answer:

Each day, one in **10/4/7** Americans visits a fast-food restaurant. And this hunger for fast food isn't just in America. It's happening on a global basis.

McDonald's alone operates more than **3,000/13,000/30,000** joints in over **80/200/100** countries on **6/3/5** continents and feeds more than **26/46/86** million people worldwide every day. That's more than the entire population of **France/England/Spain**.

In the United States alone McDonald's accounts for 43 / 73 / 93 % of the total fast-food market. They're everywhere - w....., a....., r..... s....., g..... s....., t..... s....., s..... m....., d..... s....., a..... p....., even h.....



Are the food companies solely to blame for this epidemic?



Where does personal responsibility stop and corporate responsibility begin?

Put the sentences in order:

The film documents this lifestyle's drastic effects on Spurlock's physical and psychological well-being, and explores the fast food industry's corporate influence, including how it encourages poor Spurlock consumed an average of 5,000 kcal (the equivalent of 9.26 Big Macs) per day during the experiment.

Spurlock's film follows a 28-day period (February 2003) during which he eats only McDonald's food.

As a result, the then-32-year-old Spurlock gained 11.1 kg, a 13% body mass increase, a cholesterol level of 230, and experienced mood swings, sexual dysfunction, and fat accumulation to his liver.

It took Spurlock fourteen months to lose the weight gained from his experiment.

**Super Size Me** is a 2004 American documentary film directed by and starring Morgan Spurlock, an American independent filmmaker.

He always chose to "super-size" his meal, if he was offered.

Spurlock dined at McDonald's restaurants three times per day, eating every item on the chain's menu.

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